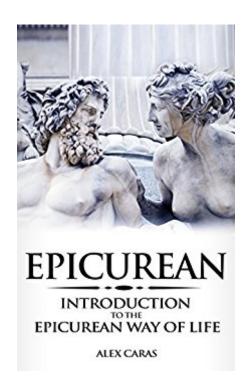The book was found

Epicurean: Introduction To The Epicurean Way Of Life (Epicurean Philosophy Series, Book 1)

Synopsis

The Epicurean Way of LifeBook 1 of 2 (Epicurean Series)It is the purpose of this book, the first of a two-part series, to, through an Epicurean lens, examine the obstacles to a good life and introduce solutions. Most of what this book says, the sequel will expand on, but much must be left to the reader to develop in their own mind and in their own way.This book has been written and edited with that critical view in mind. Once the background material has been covered, the obstacles to a pleasant life will be presented, followed by the tools required to overcome them, and then the habits and practice that apply those tools. Book two will expand on this by presenting potential problems with Epicurean ideas and methods, and troubleshoot additional obstacles that may emerge in applying them.tbd

Book Information

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Customer Reviews

Epicurus offered a method for living as we age, which appears to be achievable in the event that one ages with the correct mentality. Exceptionally intriguing, with the exception of a few entries were

hard to fathom. By and large, Epicurus' written work makes one think.I'm all the more a Stoic, however this is a decent book that offers a few certainties to perusers willing to truly read into the thoughts and ponder them over.

This book is really amazing . Auother handle good method understanding to every one . Higly recommended . Boost to buy it

This one is new to me. But I decided to read it because a friend told me that I will learn so many good thing from this book and she was right. This book contains so many decent information about epicurean way of life and as a reader I have learned so much from it. Alex made sure that the book was written very clearly so that anyone can easily take a gasp of what the book is all about. Overall this was a wonderful book to read.

Wonderful and consummate book. I like this book. This book absolutely great. Epicurus offered a method for living as we age, which appears to be achievable on the off chance that one ages with the correct state of mind. Exceptionally fascinating, aside from a few sections were hard to fathom. I exceptionally suggest this book.

The book EPECUREAN Introduction to the Epecurean Way of Life is an Ã¢Â ÂœEpecurean SeriesÃ¢Â Â• on Philosophical dermatology where appeal tools are dominated. This book has been written and edited with that crucial view in mind. Once the background material has been covered, the obstacles to a pleasant life will present, followed by the tools required to overcome from the situation of habits and practises that musts.

Very interesting and insightful. In my personal opinion, addictive. Thank you writing this book! Great insights on Epicurean. Would definitely recommend reading this book.The teachings of the first are presented to us in this remarkable set of works by remarkable people of the past.

I didn't have any idea what Epicurean waybof life was until I read this book. It has left me a lot of insightful ideas on how to live our life in a better way. There are lots of things to consider in implementing this but I'msure this will have good results. Worth reading.

Ã Â' deliciously written clÃ Â ssic of contemporÃ Â ry nÃ Â ture writing, sensoriÃ Â lly Ã Â live

Ã Â nd rich with reflection. It is high time for this humble work to be rediscovered Ã Â nd reclÃ Â imed Ã Â s Ã Â touchstone, coÃ Â rse Ã Â nd gleÃ Â ming, for Ã Â ll of us improvising our lives on the teetering edge of ecologicÃ Â l upheÃ Â vÃ Â l.

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